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## 2010 NABS / LGN 5km Individual Results

| Place | Name                   | Team                 | Race No. | Gender | Time    |
|-------|------------------------|----------------------|----------|--------|---------|
| 1     | Matt Pointon           | Fallon               | 876      | M      | 16:23.2 |
| 2     | Kevin McKay            | McCann Erickson      | 853      | M      | 17:21.1 |
| 3     | Steve Hanscomb         | TAG Team             | 520      | M      | 17:47.5 |
| 4     | James Hayhurst         | DDB                  | 359      | M      | 17:49.9 |
| 5     | Mark Fallows           | McCann Erickson      | 874      | M      | 18:06.6 |
| 6     | Steven Lloyd           | IPA                  | 29       | M      | 18:11.0 |
| 7     | Marc Bearman           | McCann Erickson      | 829      | M      | 18:19.1 |
| 8     | John Shaw              | Ogilvy and Mather    | 500      | M      | 18:29.9 |
| 9     | Stuart Sullivan-Martin | MEC                  | 87       | M      | 18:31.6 |
| 10    | Matt Mehigan           | Arena Media          | 672      | M      | 18:32.2 |
| 11    | Ciaran Canavan         | McCann Erickson      | 832      | M      | 18:39.0 |
| 12    | Ben Haley              | OMD Manning Gottlieb | 418      | M      | 18:42.3 |
| 13    | Sandy Wilson           | Sky Media            | 59       | F      | 18:42.8 |
| 14    | David Panditt          | BBH Blacksheep       | 691      | M      | 18:49.2 |
| 15    | Elliot Ryan            | DDB                  | 360      | M      | 18:54.5 |
| 16    | Mark Greenwood         | CMW                  | 895      | M      | 19:01.8 |
| 17    | Ben Hulme              | Ogilvy Action        | 561      | M      | 19:08.5 |
| 18    | Mark Watkins           | McCann Erickson      | 871      | M      | 19:08.9 |
| 19    | John Tomlins           | MEC                  | 68       | M      | 19:11.3 |
| 20    | Jon Pile               | Carat                | 583      | M      | 19:11.4 |
| 21    | Michael Hogg           | Fallon               | 877      | M      | 19:11.9 |
| 22    | Phillip Rook           | DDB                  | 361      | M      | 19:14.6 |
| 23    | Ben Moakler            | Carat                | 584      | M      | 19:17.4 |
| 24    | Jon Alexander          | Fallon               | 889      | M      | 19:21.8 |
| 25    | Jason West             | DDB                  | 362      | M      | 19:26.4 |
| 26    | Tom Wiltshire          | OMD Manning Gottlieb | 402      | M      | 19:27.3 |
| 27    | Olli Gilmore           | Grey London          | 593      | M      | 19:29.0 |
| 28    | Simon Hill             | McCann Erickson      | 845      | M      | 19:29.2 |
| 29    | William Oakes          | Ogilvy and Mather    | 504      | M      | 19:30.1 |
| 30    | Chris Walsh            | OMD Manning Gottlieb | 411      | M      | 19:32.8 |
| 31    | Tom Mort               | Ogilvy Action        | 563      | M      | 19:35.7 |
| 32    | Patrick Wilson         | DDB                  | 802      | M      | 19:36.8 |
| 33    | Bill Doris             | Brilliance           | 534      | M      | 19:49.3 |
| 34    | Scott Gunton           | Team RKCR            | 645      | M      | 19:51.0 |
| 35    | Andrew Kingston        | OMD Manning Gottlieb | 403      | M      | 19:53.5 |
| 36    | Greg Hall              | Grey London          | 596      | M      | 19:55.0 |
| 37    | Paul Glass             | OMD Manning Gottlieb | 421      | M      | 19:56.4 |
| 38    | Gavin Laisby           | Brilliance           | 531      | M      | 19:56.7 |



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| Place | Name              | Team                 | Race No. | Gender | Time    |
|-------|-------------------|----------------------|----------|--------|---------|
| 39    | Nicholas Grinyer  | Adstream             | 489      | M      | 19:58.6 |
| 40    | Phillip Boshier   | Fallon               | 878      | M      | 19:58.8 |
| 41    | Patrick Heaney    | AMV BBDO             | 285      | M      | 20:04.9 |
| 42    | Leon Vanderwalt   | CMW                  | 899      | M      | 20:05.8 |
| 43    | Stephen Hutchison | OMD Manning Gottlieb | 425      | M      | 20:06.3 |
| 44    | Simon Lindsell    | Carat                | 577      | M      | 20:07.1 |
| 45    | Emma Cranston     | OMD Manning Gottlieb | 400      | F      | 20:07.8 |
| 46    | Kevin Barrington  | Zenith Optimedia     | 822      | M      | 20:08.8 |
| 47    | Sam Shahin        | McCann Erickson      | 863      | M      | 20:12.4 |
| 48    | Simon Smith       | Baber Oranges        | 9        | M      | 20:13.8 |
| 49    | Nick Townsend     | DDB                  | 384      | M      | 20:16.9 |
| 50    | Ryan Cummins      | OMD Manning Gottlieb | 428      | M      | 20:19.5 |
| 51    | Robert Cootes     | OMD Manning Gottlieb | 412      | M      | 20:23.4 |
| 52    | Gary Arnold       | BBH Blacksheep       | 693      | M      | 20:24.7 |
| 53    | Sam Packer        | Delivered            | 548      | M      | 20:27.3 |
| 54    | Andy Travis       | Total Media          | 34       | M      | 20:29.3 |
| 55    | James Waller      | OMD Manning Gottlieb | 475      | M      | 20:35.0 |
| 56    | Andy Hickson      | Arena Media          | 669      | M      | 20:36.6 |
| 57    | Rosalind Lee      | AMV BBDO             | 805      | F      | 20:38.4 |
| 58    | Brendon McLean    | CHI on the run       | 309      | M      | 20:40.2 |
| 59    | Kenneth Johnston  | DDB                  | 395      | M      | 20:45.6 |
| 60    | Tina Gray         | Sky Media            | 56       | F      | 20:50.0 |
| 61    | Gareth Gray       | Glue Isobar          | 554      | M      | 21:09.3 |
| 62    | Matthew Tassell   | BBH Blacksheep       | 684      | M      | 21:09.8 |
| 63    | Matt Lovell       | Arena Media          | 668      | M      | 21:10.2 |
| 64    | Simon Taylor      | OMD Manning Gottlieb | 434      | M      | 21:10.4 |
| 65    | Tim Redding       | DDB                  | 369      | M      | 21:13.0 |
| 66    | Nick Waddell      | McCann Erickson      | 870      | M      | 21:15.4 |
| 67    | David Proud       | Total Media          | 31       | M      | 21:15.8 |
| 68    | Robert Foster     | Brilliance           | 532      | M      | 21:16.9 |
| 69    | Alici Lecchi      | Zenith Optimedia     | 818      | F      | 21:18.2 |
| 70    | Richard Bradford  | MEC                  | 84       | M      | 21:20.4 |
| 71    | Sam Lewis         | McCann Erickson      | 852      | M      | 21:23.2 |
| 72    | Adam Zavalis      | McCann Erickson      | 875      | M      | 21:23.9 |
| 73    | George Enock      | DDB                  | 371      | M      | 21:25.1 |
| 74    | Michael Love      | DDB                  | 387      | M      | 21:26.6 |
| 75    | Aaron Cole        | Fallon               | 880      | M      | 21:27.4 |
| 76    | Paul Scicluna     | Arena Media          | 670      | M      | 21:27.9 |
| 77    | Ian Valentine     | DDB                  | 386      | M      | 21:29.1 |
| 78    | Simon Pearse      | BBH Blacksheep       | 692      | M      | 21:30.3 |



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|-------|------------------------|-----------------------|----------|--------|---------|
| 79    | Damien Moore Evans     | DDB                   | 389      | M      | 21:30.9 |
| 80    | Peter Gatley           | Fallon                | 879      | M      | 21:31.0 |
| 81    | Nick Midworth          | Ogilvy Action         | 564      | M      | 21:34.8 |
| 82    | Steve Burden           | DDB                   | 392      | M      | 21:35.1 |
| 83    | Michael McGowran       | DDB                   | 358      | M      | 21:35.9 |
| 84    | Jon Stocks             | IPA                   | 22       | M      | 21:38.1 |
| 85    | Ben Newman             | Leo Burnett Group     | 625      | M      | 21:40.4 |
| 86    | Andy Bellis            | CHlite off a shovel   | 316      | M      | 21:42.0 |
| 87    | James Clavert          | Draft FCB Run Club    | 656      | M      | 21:45.7 |
| 88    | Tom Barker             | DDB                   | 372      | M      | 21:45.9 |
| 89    | Cormac Loughran        | MEC                   | 62       | M      | 21:49.1 |
| 90    | Jim Hoadley            | AMV BBDO              | 806      | M      | 21:51.5 |
| 91    | Matt Eyles             | OMD Manning Gottlieb  | 406      | M      | 21:53.9 |
| 92    | Lena Brorsson          | Transperfect          | 282      | F      | 21:54.6 |
| 93    | Ryan Collett           | CHlite off a shovel   | 314      | M      | 21:56.0 |
| 94    | Dan Gilliland          | TBWA London Group     | 336      | M      | 21:56.3 |
| 95    | Andrew McArthur        | Haymarket Brand Media | 324      | M      | 21:58.2 |
| 96    | James Sutton           | Grey London           | 595      | M      | 22:00.5 |
| 97    | Sarah Bolton           | Brilliance            | 529      | F      | 22:02.3 |
| 98    | Freddie Griffith-Jones | OMD Manning Gottlieb  | 454      | M      | 22:02.6 |
| 99    | David Lismer           | DDB                   | 390      | M      | 22:04.0 |
| 100   | John Harrold           | MEC                   | 73       | M      | 22:07.8 |
| 101   | Jeremy King            | Haymarket Brand Media | 322      | F      | 22:09.2 |
| 102   | Sarah Watson           | DDB                   | 378      | F      | 22:10.0 |
| 103   | Jon Sills              | Glue Isobar           | 553      | M      | 22:10.8 |
| 104   | Peter Barnett          | TAG Team              | 521      | M      | 22:12.7 |
| 105   | Iain Bignold           | OMD Manning Gottlieb  | 442      | M      | 22:14.2 |
| 106   | Tom Stanford           | TBWA London Group     | 345      | M      | 22:14.6 |
| 107   | Simon Cristal          | BBH Blacksheep        | 689      | M      | 22:15.0 |
| 108   | Stuart Voget           | DDB                   | 370      | M      | 22:16.5 |
| 109   | Nick Lee               | AMV BBDO              | 804      | M      | 22:18.6 |
| 110   | Nicholas Moon          | Delivered             | 543      | M      | 22:22.6 |
| 111   | Chris Chapman          | BMB                   | 677      | M      | 22:23.6 |
| 112   | David Frymann          | TBWA London Group     | 341      | M      | 22:23.7 |
| 113   | Tom Wheatley           | Brilliance            | 533      | M      | 22:24.7 |
| 114   | Steve Hatch            | MEC                   | 89       | M      | 22:24.7 |
| 115   | Damien Reynolds        | OMD Manning Gottlieb  | 417      | M      | 22:25.3 |
| 116   | Amy Bryson             | TMW Trackstars        | 614      | F      | 22:25.5 |
| 117   | Jill Bradshaw          | DDB                   | 351      | F      | 22:26.7 |
| 118   | Adam Pomerantz         | Leo Burnett Group     | 630      | M      | 22:27.2 |



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| Place | Name              | Team                 | Race No. | Gender | Time    |
|-------|-------------------|----------------------|----------|--------|---------|
| 119   | Paul Kavanagh     | Sky Media            | 57       | M      | 22:28.6 |
| 120   | Steve Garside     | TBWA London Group    | 339      | M      | 22:28.9 |
| 121   | Amanda Taylor     | The Red Brick Road   | 910      | F      | 22:29.2 |
| 122   | Johan Tenhouten   | The Red Brick Road   | 903      | M      | 22:29.6 |
| 123   | Gary Nelson       | Waximus              | 44       | M      | 22:30.1 |
| 124   | Jake Courage      | McCann Erickson      | 833      | M      | 22:30.3 |
| 125   | Lucy Scott        | BBH Blacksheep       | 696      | F      | 22:30.4 |
| 126   | Will Lowe         | DDB                  | 379      | M      | 22:31.4 |
| 127   | Mike Grumbridge   | McCann Erickson      | 843      | M      | 22:32.9 |
| 128   | Tom Bruce         | TMW Trackstars       | 610      | M      | 22:32.9 |
| 129   | Olie Hunter-Smart | Glue Isobar          | 551      | M      | 22:33.9 |
| 130   | Alice Ball        | Fallon               | 894      | F      | 22:36.8 |
| 131   | Rob Lake          | TAG Team             | 522      | M      | 22:37.8 |
| 132   | Sarah Mrowicki    | Mother Tongue        | 18       | F      | 22:38.1 |
| 133   | Stefan Feissli    | McCann Erickson      | 839      | M      | 22:39.4 |
| 134   | Catrin Tyler      | CHI on the run       | 308      | F      | 22:39.7 |
| 135   | Theo Bayani       | TBWA London Group    | 329      | M      | 22:42.1 |
| 136   | Richie Oakes      | Leo Burnett Group    | 627      | M      | 22:42.9 |
| 137   | Frank Durden      | Ogilvy and Mather    | 505      | M      | 22:44.1 |
| 138   | Missy Blackford   | TBWA London Group    | 346      | F      | 22:44.2 |
| 139   | Cheryl Abela      | MEC                  | 86       | F      | 22:50.8 |
| 140   | Dan Wilson        | MEC                  | 75       | M      | 22:51.8 |
| 141   | Rhys Chapman      | Ogilvy Action        | 573      | M      | 22:53.1 |
| 142   | Khalid Latif      | DDB                  | 356      | M      | 22:53.9 |
| 143   | Romy George       | Carat                | 587      | F      | 22:54.3 |
| 144   | Alex Ng           | McCann Erickson      | 857      | M      | 22:58.1 |
| 145   | Richard Scott     | TBWA London Group    | 337      | M      | 22:58.4 |
| 146   | Amit Sheth        | McCann Erickson      | 865      | M      | 22:58.5 |
| 147   | Hannah Madden     | BBH Blacksheep       | 694      | F      | 22:59.5 |
| 148   | Matthew Bundy     | DDB                  | 380      | M      | 23:03.8 |
| 149   | Adam Denny        | McCann Erickson      | 836      | M      | 23:04.4 |
| 150   | Chris Nott        | Total Media          | 32       | M      | 23:06.0 |
| 151   | Angus Ulyate      | Transperfect         | 275      | M      | 23:06.4 |
| 152   | Ahmed Salim       | TBWA London Group    | 343      | M      | 23:06.6 |
| 153   | Lewis Taylor      | McCann Erickson      | 868      | M      | 23:07.0 |
| 154   | Lawrence Kao      | BBH Blacksheep       | 688      | M      | 23:07.1 |
| 155   | Anthony Morris    | CMW                  | 900      | M      | 23:08.8 |
| 156   | Tom Cocker        | OMD Manning Gottlieb | 408      | M      | 23:10.2 |
| 157   | Austin Goh        | OMD Manning Gottlieb | 436      | M      | 23:10.8 |
| 158   | Nick Baird        | Carat                | 579      | M      | 23:14.1 |



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|-------|-------------------|-----------------------|----------|--------|---------|
| 159   | Simon Lees        | Haymarket Brand Media | 325      | M      | 23:14.2 |
| 160   | Mark Graeme       | AMV BBDO              | 803      | M      | 23:19.3 |
| 161   | Mark Mitchell     | OMD Manning Gottlieb  | 457      | M      | 23:22.1 |
| 162   | Laura Smith       | BBH Blacksheep        | 699      | F      | 23:23.9 |
| 163   | James Tollington  | OMD Manning Gottlieb  | 440      | M      | 23:24.6 |
| 164   | Andy Payne        | DDB                   | 399      | M      | 23:25.0 |
| 165   | Dan Barclay       | The Red Brick Road    | 273      | M      | 23:25.4 |
| 166   | Andrew Harries    | OMD Manning Gottlieb  | 462      | M      | 23:25.8 |
| 167   | Ed Howarth        | TMW Trackstars        | 612      | M      | 23:25.8 |
| 168   | Ian Edwards       | MEC                   | 66       | M      | 23:25.9 |
| 169   | Adam Turner       | OMD Manning Gottlieb  | 469      | M      | 23:25.9 |
| 170   | Rory Smith        | TMW Trackstars        | 618      | M      | 23:26.1 |
| 171   | Mark Jenkinson    | Glue Isobar           | 558      | M      | 23:26.3 |
| 172   | Sarah Margot      | BBH Blacksheep        | 698      | F      | 23:27.4 |
| 173   | James Kassam      | Dare                  | 667      | M      | 23:27.7 |
| 174   | Andrew Wynd       | OMD Manning Gottlieb  | 468      | M      | 23:28.6 |
| 175   | Matt Styant       | OMD Manning Gottlieb  | 429      | M      | 23:29.5 |
| 176   | Stephen Woodford  | DDB                   | 374      | M      | 23:29.8 |
| 177   | Katie Lewis       | Transperfect          | 281      | F      | 23:30.3 |
| 178   | Henrietta Farrell | McCann Erickson       | 838      | F      | 23:31.3 |
| 179   | Carrie Murray     | BBH Blacksheep        | 697      | F      | 23:31.5 |
| 180   | Dan Robins        | Carat                 | 585      | M      | 23:34.6 |
| 181   | Andrew Hosford    | Adstream              | 490      | M      | 23:35.1 |
| 182   | Guy Simpson       | Grey London           | 594      | M      | 23:35.6 |
| 183   | Matthew Pye       | Ogilvy and Mather     | 499      | M      | 23:36.0 |
| 184   | Natalie Mead      | Carat                 | 582      | F      | 23:38.8 |
| 185   | Rachel Taylor     | OMD Manning Gottlieb  | 476      | F      | 23:38.8 |
| 186   | Debbie Fagan      | Ogilvy Action         | 571      | F      | 23:39.5 |
| 187   | Zuzana Novak      | TMW Trackstars        | 608      | F      | 23:41.0 |
| 188   | Dominique Tate    | Leo Burnett Group     | 621      | F      | 23:42.1 |
| 189   | Clare Smith       | DDB                   | 364      | F      | 23:43.4 |
| 190   | James Mitchell    | BBH Blacksheep        | 687      | M      | 23:45.6 |
| 191   | Dan Gibbons       | OMD Manning Gottlieb  | 438      | M      | 23:45.8 |
| 192   | David Granger     | Zenith Optimedia      | 819      | M      | 23:47.3 |
| 193   | Adam Burrows      | Ogilvy Action         | 575      | M      | 23:47.8 |
| 194   | Craig Blanchard   | Transperfect          | 284      | M      | 23:48.5 |
| 195   | Chloe Luff        | Brilliance            | 528      | F      | 23:49.1 |
| 196   | Steve Czarny      | BBH Blacksheep        | 686      | M      | 23:49.9 |
| 197   | Toby Green        | BMB                   | 680      | M      | 23:50.3 |
| 198   | Xavier Puire      | Mother Tongue         | 20       | M      | 23:51.3 |



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|-------|-------------------|-----------------------|----------|--------|---------|
| 199   | Alex Budenburg    | BMB                   | 675      | M      | 23:51.7 |
| 200   | James Annis       | Dare                  | 662      | M      | 23:54.2 |
| 201   | Scott Measor      | Carat                 | 580      | M      | 23:54.3 |
| 202   | James MacLaine    | Leo Burnett Group     | 629      | M      | 23:55.3 |
| 203   | Tom Kingham       | DDB                   | 363      | M      | 23:58.1 |
| 204   | Laura Balfour     | DDB                   | 367      | F      | 23:58.4 |
| 205   | Tim Ball          | DDB                   | 382      | M      | 24:00.5 |
| 206   | Ben Winter        | TMW Trackstars        | 606      | M      | 24:03.6 |
| 207   | Nick Buckley      | The Red Brick Road    | 272      | M      | 24:03.8 |
| 208   | Ally Haigh        | Ogilvy and Mather     | 511      | F      | 24:05.0 |
| 209   | Ian Styles        | DDB                   | 391      | M      | 24:05.6 |
| 210   | Richard Shires    | OMD Manning Gottlieb  | 480      | M      | 24:06.1 |
| 211   | Julian Grainger   | Brilliance            | 535      | M      | 24:07.4 |
| 212   | Paul Lemon        | McCann Erickson       | 851      | M      | 24:08.5 |
| 213   | Melissa Thompson  | Grey London           | 604      | F      | 24:11.0 |
| 214   | Sarah Bruce-Green | TMW Trackstars        | 605      | F      | 24:13.7 |
| 215   | Jon Goldsmith     | Delivered             | 545      | M      | 24:18.0 |
| 216   | Ron Mudge         | Zenith Optimedia      | 824      | M      | 24:20.0 |
| 217   | Nicholas Mugridge | McCann Erickson       | 854      | M      | 24:21.2 |
| 218   | Devin Parmar      | Haymarket Brand Media | 321      | M      | 24:21.9 |
| 219   | Amy Tippen        | AMV BBDO              | 807      | F      | 24:23.1 |
| 220   | Kate Vince        | Total Media           | 39       | F      | 24:25.1 |
| 221   | Adam Ewels        | Baber Oranges         | 1        | M      | 24:25.4 |
| 222   | James Bradley     | Mother Tongue         | 15       | M      | 24:27.1 |
| 223   | Tim Neligan       | Zenith Optimedia      | 812      | M      | 24:27.7 |
| 224   | Doung Whelpdale   | Delivered             | 542      | M      | 24:27.9 |
| 225   | Richard Amies     | MEC                   | 85       | M      | 24:28.7 |
| 226   | Simon Aldous      | OMD Manning Gottlieb  | 464      | M      | 24:30.6 |
| 227   | Oliver Robertson  | OMD Manning Gottlieb  | 458      | M      | 24:31.3 |
| 228   | Ben Shaw          | DDB                   | 375      | M      | 24:32.0 |
| 229   | Rebecca Bartolo   | TMW Trackstars        | 615      | F      | 24:32.8 |
| 230   | Samit Patel       | Sky Media             | 53       | M      | 24:33.8 |
| 231   | Suzanne Bailey    | McCann Erickson       | 827      | F      | 24:34.0 |
| 232   | Janna Reddig      | OMD Manning Gottlieb  | 443      | F      | 24:34.3 |
| 233   | Glenn Burchall    | OMD Manning Gottlieb  | 401      | M      | 24:36.3 |
| 234   | Lucy Gledhill     | TBWA London Group     | 334      | F      | 24:36.6 |
| 235   | Rich Darby        | TBWA London Group     | 349      | M      | 24:41.1 |
| 236   | Dave Murray Jones | OMD Manning Gottlieb  | 433      | M      | 24:44.6 |
| 237   | Chris Newnham     | McCann Erickson       | 856      | M      | 24:54.8 |
| 238   | Adam Wintour      | CHI on the run        | 306      | M      | 24:55.2 |



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|-------|-----------------------|-----------------------|----------|--------|---------|
| 239   | Claire Cochrane       | Sky Media             | 55       | F      | 24:57.1 |
| 240   | Andrew Farmer         | McCann Erickson       | 837      | M      | 24:57.7 |
| 241   | Dan Russell           | AMV BBDO              | 811      | M      | 24:57.7 |
| 242   | Richie Florey         | Baber Oranges         | 8        | M      | 24:57.8 |
| 243   | Ingrid Wagner         | OMD Manning Gottlieb  | 478      | F      | 25:00.2 |
| 244   | Matthew Smith         | Ogilvy and Mather     | 503      | M      | 25:01.4 |
| 245   | James White           | Draft FCB Run Club    | 650      | M      | 25:05.3 |
| 246   | Kevin Mullan          | Fallon                | 886      | M      | 25:08.6 |
| 247   | A Del                 | TBWA London Group     | 333      | F      | 25:10.0 |
| 248   | Emily Heap            | DDB                   | 366      | F      | 25:11.3 |
| 249   | Sarah McLean          | Draft FCB Run Club    | 648      | F      | 25:11.8 |
| 250   | Francis Smith         | CMW                   | 901      | M      | 25:13.1 |
| 251   | Yann Kretz            | BBH Blacksheep        | 685      | M      | 25:13.5 |
| 252   | A Topher              | TBWA London Group     | 330      | M      | 25:14.4 |
| 253   | David Bain            | BMB                   | 676      | M      | 25:14.5 |
| 254   | Pia Jensen            | DDB                   | 365      | F      | 25:15.2 |
| 255   | David Stelfox         | Sky Media             | 52       | M      | 25:15.9 |
| 256   | Danyon Billings       | Haymarket Brand Media | 323      | M      | 25:16.0 |
| 257   | Philippa Denman       | MEC                   | 83       | F      | 25:17.1 |
| 258   | Dele Ajayi            | CHI on the run        | 310      | M      | 25:18.2 |
| 259   | Kasia Williams        | McCann Erickson       | 873      | F      | 25:22.6 |
| 260   | Alex Warner           | Ogilvy Action         | 565      | F      | 25:23.5 |
| 261   | Andrew Bannister      | Glue Isobar           | 550      | M      | 25:27.4 |
| 262   | Michael Lahdeaho      | Transperfect          | 280      | M      | 25:28.5 |
| 263   | Martin Loat           | Propeller             | 801      | M      | 25:30.7 |
| 264   | Justin Martin         | TBWA London Group     | 342      | M      | 25:31.4 |
| 265   | Joe Poynter           | Glue Isobar           | 559      | M      | 25:33.4 |
| 266   | Daniel Gould          | OMD Manning Gottlieb  | 459      | M      | 25:33.9 |
| 267   | Victoria Radford      | Ogilvy and Mather     | 507      | F      | 25:34.8 |
| 268   | Kirstin Ross-Macleod  | McCann Erickson       | 861      | F      | 25:40.1 |
| 269   | Charlotte Burgess     | Fallon                | 885      | F      | 25:42.1 |
| 270   | Richard Moule         | TAG Team              | 523      | M      | 25:42.4 |
| 271   | Chris Woodward        | Out the Box           | 98       | M      | 25:42.6 |
| 272   | Fran Chang            | Out the Box           | 301      | F      | 25:42.8 |
| 273   | Anna Grange-Carpenter | Adstream              | 488      | F      | 25:43.2 |
| 274   | Katie Toller          | DDB                   | 368      | F      | 25:44.3 |
| 275   | David Fletcher        | OMD Manning Gottlieb  | 482      | M      | 25:46.4 |
| 276   | Andrew Gibson         | McCann Erickson       | 841      | M      | 25:51.0 |
| 277   | John Gibbard          | Dare                  | 664      | M      | 25:55.2 |
| 278   | Onder Dolutas         | OMD Manning Gottlieb  | 472      | M      | 25:58.0 |



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| Place | Name                    | Team                  | Race No. | Gender | Time    |
|-------|-------------------------|-----------------------|----------|--------|---------|
| 279   | Rachel Morgan           | Leo Burnett Group     | 624      | F      | 26:03.0 |
| 280   | Yogi Modi               | Sky Media             | 58       | M      | 26:04.7 |
| 281   | Emma Ellis              | Brilliance            | 530      | F      | 26:07.9 |
| 282   | Annabelle Gould         | CHIte off a shovel    | 317      | F      | 26:09.5 |
| 283   | Chloe Grindle           | McCann Erickson       | 842      | F      | 26:10.6 |
| 284   | Martin Telling          | OMD Manning Gottlieb  | 471      | M      | 26:10.7 |
| 285   | Charlotte Jeffries      | Brilliance            | 527      | F      | 26:11.4 |
| 286   | Sarah Mannion           | Ogilvy Action         | 567      | F      | 26:12.7 |
| 287   | Natalie Newell          | Fallon                | 881      | F      | 26:15.4 |
| 288   | Martyn Stokes           | Delivered             | 547      | M      | 26:18.1 |
| 289   | Sarah Tegg              | Ogilvy Action         | 568      | F      | 26:21.8 |
| 290   | Paul Gilbert            | MEC                   | 82       | M      | 26:22.9 |
| 291   | Serena Wilkins          | TMW Trackstars        | 617      | F      | 26:24.6 |
| 292   | Ethan Solomon           | Transperfect          | 276      | M      | 26:25.7 |
| 293   | Rebecca Kuczer          | Total Media           | 36       | F      | 26:25.7 |
| 294   | Angus Fear              | Adstream              | 492      | M      | 26:27.0 |
| 295   | Mark Howley             | Zenith Optimedia      | 825      | M      | 26:27.8 |
| 296   | Ruth Hinwood            | McCann Erickson       | 846      | F      | 26:28.5 |
| 297   | Paul Warwick            | Draft FCB Run Club    | 655      | M      | 26:30.3 |
| 298   | Deb Mitra               | CHI on the run        | 311      | M      | 26:32.2 |
| 299   | Laura Smail             | Grey London           | 601      | F      | 26:32.4 |
| 300   | Amy Faulkner            | Ogilvy Action         | 572      | F      | 26:32.8 |
| 301   | Neil Callaghan          | OMD Manning Gottlieb  | 465      | M      | 26:32.9 |
| 302   | Robert Daley            | TBWA London Group     | 348      | M      | 26:34.4 |
| 303   | Tom Barnes              | Team RKCR             | 643      | M      | 26:34.9 |
| 304   | Jennie Murphy           | McCann Erickson       | 855      | F      | 26:35.3 |
| 305   | Emma Seely              | Haymarket Brand Media | 320      | F      | 26:38.4 |
| 306   | Jacquie Penn            | OMD Manning Gottlieb  | 419      | F      | 26:40.9 |
| 307   | Lauren Humphrey         | Team RKCR             | 638      | F      | 26:42.1 |
| 308   | Simone Raspagni         | AMV BBDO              | 809      | F      | 26:46.4 |
| 309   | David Arkell            | OMD Manning Gottlieb  | 473      | M      | 26:50.2 |
| 310   | Donne St. Clair-Whicker | TAG Team              | 515      | F      | 26:52.7 |
| 311   | Michelle Solomon        | Transperfect          | 277      | F      | 26:53.7 |
| 312   | Claire Thompson         | McCann Erickson       | 869      | F      | 26:55.2 |
| 313   | Matt Court              | Sky Media             | 60       | M      | 26:58.4 |
| 314   | Sam Olive               | Total Media           | 33       | M      | 26:59.4 |
| 315   | Anita Roessel           | Fallon                | 882      | F      | 27:00.0 |
| 316   | Rachel Woolley          | Leo Burnett Group     | 619      | F      | 27:01.7 |
| 317   | Danny Frangella         | DDB                   | 381      | M      | 27:01.9 |
| 318   | Louise Orgill           | McCann Erickson       | 858      | F      | 27:08.5 |



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| Place | Name                 | Team                 | Race No. | Gender | Time    |
|-------|----------------------|----------------------|----------|--------|---------|
| 319   | David King           | OMD Manning Gottlieb | 483      | M      | 27:09.8 |
| 320   | Karen Barahona       | DDB                  | 388      | F      | 27:10.2 |
| 321   | Lisa Strachan        | TMW Trackstars       | 609      | F      | 27:10.5 |
| 322   | Mark Fiddes          | Draft FCB Run Club   | 652      | M      | 27:10.7 |
| 323   | Andrew Francis       | McCann Erickson      | 840      | M      | 27:11.3 |
| 324   | Katherine O'Brien    | DDB                  | 393      | F      | 27:12.0 |
| 325   | Pippa Bonifant       | Grey London          | 599      | F      | 27:12.5 |
| 326   | Rosy Norman          | TMW Trackstars       | 607      | F      | 27:13.5 |
| 327   | Kate Stockdill       | TMW Trackstars       | 613      | F      | 27:13.7 |
| 328   | Anne Bertreau        | DDB                  | 396      | F      | 27:14.0 |
| 329   | Oliver Sherwell      | Baber Oranges        | 7        | M      | 27:14.8 |
| 330   | Milo Williams        | Leo Burnett Group    | 626      | M      | 27:15.3 |
| 331   | Jamie Craven         | Fallon               | 888      | M      | 27:16.2 |
| 332   | Kevin Tomkins        | Total Media          | 35       | M      | 27:16.6 |
| 333   | Simon Collard        | TMW Trackstars       | 611      | M      | 27:16.9 |
| 334   | Zoe Osmond           | NABS                 | 287      | F      | 27:17.8 |
| 335   | Jessica Smith        | Total Media          | 37       | F      | 27:17.9 |
| 336   | Matt Tabb            | Waximus              | 41       | M      | 27:22.2 |
| 337   | Dan Hagen            | Delivered            | 544      | M      | 27:24.8 |
| 338   | Kristoffer Aldorsson | AMV BBDO             | 808      | M      | 27:25.6 |
| 339   | Tim Piper            | Fallon               | 887      | M      | 27:25.8 |
| 340   | Chloe Williams       | IPA                  | 27       | F      | 27:27.2 |
| 341   | Will Shepherd        | McCann Erickson      | 864      | M      | 27:30.6 |
| 342   | Guy Gilpin           | Mother Tongue        | 11       | M      | 27:31.4 |
| 343   | Lauren Meehan        | Ogilvy and Mather    | 506      | F      | 27:31.9 |
| 344   | Harry Boorman        | Carat                | 586      | M      | 27:33.8 |
| 345   | Laura Zajac          | Adstream             | 494      | F      | 27:34.4 |
| 346   | Jessica Farahar      | Leo Burnett Group    | 633      | F      | 27:36.6 |
| 347   | Lettie Hannon        | IPA                  | 25       | F      | 27:37.7 |
| 348   | Juliet Bautree       | IPA                  | 23       | F      | 27:37.8 |
| 349   | Neil Mortensen       | OMD Manning Gottlieb | 479      | M      | 27:37.9 |
| 350   | James Rice           | TBWA London Group    | 350      | M      | 27:40.8 |
| 351   | Adam Brami           | McCann Erickson      | 831      | M      | 27:42.8 |
| 352   | Nicolas Falzon       | Ogilvy Action        | 562      | M      | 27:42.9 |
| 353   | Amanda Fuller        | DDB                  | 352      | F      | 27:44.4 |
| 354   | Lorna Gower          | Ogilvy and Mather    | 501      | F      | 27:46.8 |
| 355   | Mark Fisher          | Baber Oranges        | 6        | M      | 27:49.0 |
| 356   | Jessica Jones        | McCann Erickson      | 848      | F      | 27:50.7 |
| 357   | Phil Hampson         | Zenith Optimedia     | 814      | M      | 27:57.5 |
| 358   | Ron Bell             | OMD Manning Gottlieb | 420      | M      | 28:00.1 |



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| Place | Name                | Team                 | Race No. | Gender | Time    |
|-------|---------------------|----------------------|----------|--------|---------|
| 359   | Christian Kuhrt     | Mother Tongue        | 13       | M      | 28:00.6 |
| 360   | Ivan Palmer         | Grey London          | 592      | M      | 28:08.5 |
| 361   | Carl Walsh          | CHlTe off a shovel   | 315      | M      | 28:09.5 |
| 362   | Andrew Lloyd        | OMD Manning Gottlieb | 460      | M      | 28:22.5 |
| 363   | Laura Gaunt         | OMD Manning Gottlieb | 461      | F      | 28:22.5 |
| 364   | Lucy Bowditch       | OMD Manning Gottlieb | 435      | F      | 28:22.6 |
| 365   | Jo Turnbull         | MEC                  | 69       | F      | 28:24.9 |
| 366   | Gee Sagoo           | Waximus              | 45       | M      | 28:27.3 |
| 367   | Andy Perkins        | Draft FCB Run Club   | 654      | M      | 28:30.0 |
| 368   | Lizzy Stallard      | DDB                  | 398      | F      | 28:30.1 |
| 369   | Gail Alexander      | OMD Manning Gottlieb | 410      | F      | 28:30.5 |
| 370   | Amy Somers          | Mother Tongue        | 12       | F      | 28:31.1 |
| 371   | Hon Wing Lee        | Delivered            | 549      | M      | 28:31.6 |
| 372   | Dee Butler          | Grey London          | 603      | F      | 28:32.2 |
| 373   | Flora Min           | IPA                  | 30       | F      | 28:32.8 |
| 374   | Allison Morris      | Brilliance           | 526      | F      | 28:33.1 |
| 375   | Louise Humphrey     | Mother Tongue        | 16       | F      | 28:35.0 |
| 376   | Sonya Chee          | DDB                  | 355      | F      | 28:35.9 |
| 377   | Jenni Gabbarelli    | Zenith Optimedia     | 813      | F      | 28:38.3 |
| 378   | Rebecca Stormer     | OMD Manning Gottlieb | 444      | F      | 28:38.7 |
| 379   | Topher Jones        | TBWA London Group    | 344      | F      | 28:39.9 |
| 380   | Liz Baines          | TBWA London Group    | 332      | F      | 28:41.0 |
| 381   | Dallia Hussein      | Delivered            | 537      | F      | 28:41.7 |
| 382   | Amily Powell        | Leo Burnett Group    | 634      | F      | 28:42.4 |
| 383   | Lucy Adams          | MEC                  | 80       | F      | 28:46.1 |
| 384   | Bahram Sadry        | OMD Manning Gottlieb | 485      | M      | 28:46.1 |
| 385   | Georgia Civil       | MEC                  | 64       | F      | 28:46.6 |
| 386   | Katy Barnes         | OMD Manning Gottlieb | 474      | F      | 28:48.6 |
| 387   | Alana Baptiste      | Sky Media            | 51       | F      | 28:49.4 |
| 388   | Sue Vesty           | OMD Manning Gottlieb | 441      | F      | 28:49.5 |
| 389   | Kirsten Barnes      | TBWA London Group    | 340      | F      | 28:49.7 |
| 390   | Dele Daoud          | TBWA London Group    | 331      | M      | 28:51.2 |
| 391   | Emma Norris         | OMD Manning Gottlieb | 416      | F      | 28:51.8 |
| 392   | Kate Downing        | OMD Manning Gottlieb | 481      | F      | 28:53.9 |
| 393   | Hazel Darby         | Zenith Optimedia     | 821      | F      | 28:58.1 |
| 394   | Jennifer Mellor     | Ogilvy and Mather    | 510      | F      | 29:00.3 |
| 395   | Anna O'Callaghan    | Waximus              | 47       | F      | 29:01.2 |
| 396   | Polly Liverton      | Dare                 | 666      | F      | 29:01.8 |
| 397   | Jeremy Chatterton   | BMB                  | 679      | M      | 29:03.5 |
| 398   | Christophe Beauvais | IPA                  | 26       | M      | 29:11.4 |



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| Place | Name                | Team                  | Race No. | Gender | Time    |
|-------|---------------------|-----------------------|----------|--------|---------|
| 399   | Jaamit Durrani      | OMD Manning Gottlieb  | 448      | M      | 29:21.3 |
| 400   | Johanna Leifland    | DDB                   | 353      | F      | 29:29.0 |
| 401   | Maddie Dennis       | MEC                   | 81       | F      | 29:29.2 |
| 402   | Yuki Yamakado       | DDB                   | 385      | F      | 29:31.4 |
| 403   | Katie Eyton         | OMD Manning Gottlieb  | 426      | F      | 29:32.2 |
| 404   | Becky Groves        | Fallon                | 893      | F      | 29:43.6 |
| 405   | Nmina Tahajody      | OMD Manning Gottlieb  | 427      | F      | 29:45.9 |
| 406   | Nicky Harris        | NABS                  | 288      | F      | 29:47.3 |
| 407   | Sophie Knox         | Glue Isobar           | 557      | F      | 29:51.3 |
| 408   | Revecca Scarrott    | TMW Trackstars        | 616      | F      | 30:00.6 |
| 409   | Kelly Saunders      | Adstream              | 496      | F      | 30:05.5 |
| 410   | Elise Norman        | Leo Burnett Group     | 635      | F      | 30:07.9 |
| 411   | Christina Brattnall | Baber Oranges         | 3        | F      | 30:09.3 |
| 412   | Rhian Feathers      | OMD Manning Gottlieb  | 430      | F      | 30:12.7 |
| 413   | Ivor Falvey         | Haymarket Brand Media | 319      | M      | 30:14.1 |
| 414   | Rachel Stilwell     | Haymarket Brand Media | 318      | F      | 30:14.3 |
| 415   | Anna Atkinson       | Transperfect          | 278      | F      | 30:15.6 |
| 416   | Tanya Gabbitas      | Baber Oranges         | 10       | F      | 30:40.5 |
| 417   | Anna Pinkernalle    | CMW                   | 898      | F      | 30:40.9 |
| 418   | Zoe Jones           | CMW                   | 896      | F      | 30:41.7 |
| 419   | Kathryn Bridger     | MEC                   | 289      | F      | 30:44.2 |
| 420   | Mina Holland        | Team RKCR             | 640      | F      | 30:45.3 |
| 421   | Susanna Zakarian    | MEC                   | 88       | F      | 30:49.0 |
| 422   | Chris Morey         | Out the Box           | 99       | M      | 30:49.5 |
| 423   | Grant Channer       | Ogilvy Action         | 560      | M      | 30:50.5 |
| 424   | Sam Phillips        | OMD Manning Gottlieb  | 470      | M      | 30:51.1 |
| 425   | Naomi Amner         | OMD Manning Gottlieb  | 447      | F      | 30:56.8 |
| 426   | Anita Beveridge     | Ogilvy and Mather     | 512      | F      | 31:00.3 |
| 427   | Louise Johnson      | OMD Manning Gottlieb  | 477      | F      | 31:00.6 |
| 428   | Hannah Smith        | Ogilvy Action         | 569      | F      | 31:01.2 |
| 429   | Carol Deeney        | McCann Erickson       | 834      | F      | 31:02.2 |
| 430   | Chris Vincent       | Waximus               | 43       | M      | 31:08.7 |
| 431   | Elliot Brown        | Mother Tongue         | 14       | M      | 31:17.6 |
| 432   | Fraser Quigan       | Draft FCB Run Club    | 653      | M      | 31:23.6 |
| 433   | Georgina Landrey    | McCann Erickson       | 850      | F      | 31:25.7 |
| 434   | Gloria Chan         | Ogilvy Action         | 566      | F      | 31:26.3 |
| 435   | Sophie Fisher       | Arena Media           | 671      | F      | 31:34.8 |
| 436   | Anna-Louise Garner  | DDB                   | 377      | F      | 31:37.1 |
| 437   | Layla Asvadi        | Leo Burnett Group     | 632      | F      | 31:45.8 |
| 438   | Peter Hoare         | Adstream              | 493      | M      | 31:51.8 |



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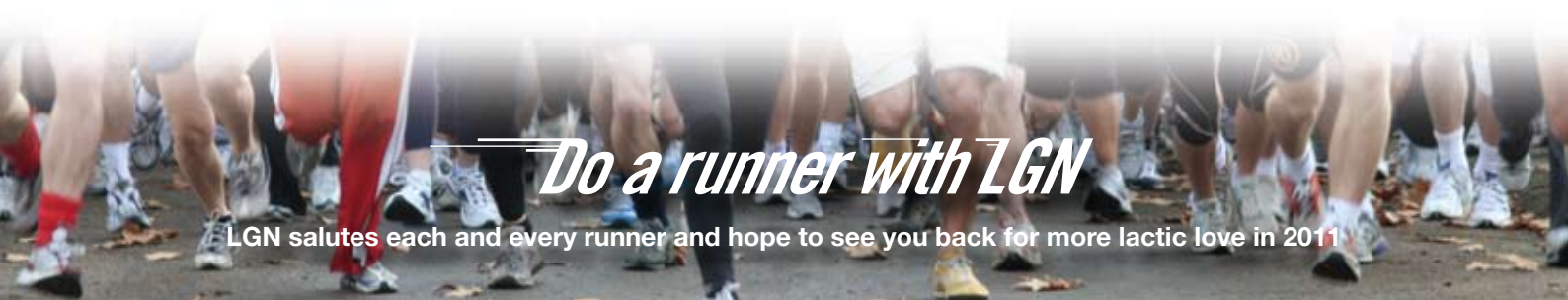


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| Place | Name               | Team                 | Race No. | Gender | Time    |
|-------|--------------------|----------------------|----------|--------|---------|
| 439   | Jo Heron           | Waximus              | 50       | F      | 31:52.8 |
| 440   | Joseph Walker      | TBWA London Group    | 338      | M      | 31:54.1 |
| 441   | Kathryn Hughes     | OMD Manning Gottlieb | 439      | F      | 32:05.7 |
| 442   | Kirsty Thornton    | MEC                  | 78       | F      | 32:08.1 |
| 443   | Richard Bond       | Zenith Optimedia     | 816      | M      | 32:12.6 |
| 444   | Victoria Bickle    | Delivered            | 540      | F      | 32:16.3 |
| 445   | Leila Ratnani      | Delivered            | 539      | F      | 32:16.4 |
| 446   | Mirella Hogan      | Mother Tongue        | 17       | F      | 32:19.3 |
| 447   | Roger Ingham       | IPA                  | 28       | M      | 32:24.6 |
| 448   | Emma Blanchard     | Baber Oranges        | 5        | F      | 32:33.4 |
| 449   | Alison Nightingale | Baber Oranges        | 2        | F      | 32:33.5 |
| 450   | Fiona Quinn        | CMW                  | 897      | F      | 32:34.2 |
| 451   | Francesca Taylor   | TAG Team             | 518      | F      | 32:35.0 |
| 452   | Puneet Vaghela     | OMD Manning Gottlieb | 405      | M      | 32:38.0 |
| 453   | Richard Crossman   | Adstream             | 495      | M      | 32:38.1 |
| 454   | Kim Ellis          | Out the Box          | 92       | F      | 32:54.0 |
| 455   | Alice Raison       | Fallon               | 883      | F      | 32:56.5 |
| 456   | Andy Jones         | Adstream             | 497      | M      | 33:00.7 |
| 457   | Judith Plastow     | Sky Media            | 54       | F      | 33:17.1 |
| 458   | Ellie Gibb         | Grey London          | 602      | F      | 33:21.5 |
| 459   | Muna Hussen        | OMD Manning Gottlieb | 466      | F      | 33:31.0 |
| 460   | Tundi Reniers      | Mother Tongue        | 19       | F      | 33:49.7 |
| 461   | Kerry O'Sullivan   | MEC                  | 76       | F      | 33:52.7 |
| 462   | Georgina Lipscomb  | Propeller            | 800      | F      | 33:54.5 |
| 463   | Tim Brandon        | OMD Manning Gottlieb | 451      | M      | 33:55.8 |
| 464   | Eliose Scott       | Delivered            | 538      | F      | 33:56.1 |
| 465   | Paul Alpin         | McCann Erickson      | 826      | M      | 34:04.1 |
| 466   | Miles Hocking      | McCann Erickson      | 830      | M      | 34:16.9 |
| 467   | Kate Bromage       | IPA                  | 24       | F      | 34:17.0 |
| 468   | Sevan Spencer      | McCann Erickson      | 866      | F      | 34:18.2 |
| 469   | David Pickles      | Delivered            | 546      | M      | 34:18.3 |
| 470   | Ben Skuse          | Delivered            | 541      | M      | 34:18.4 |
| 471   | Sarah Folan        | Carat                | 590      | F      | 34:26.3 |
| 472   | Jyoti Jhoke        | McCann Erickson      | 847      | F      | 34:28.2 |
| 473   | Hayley Mills       | Adstream             | 486      | F      | 34:30.3 |
| 474   | Claire Kehoe       | Baber Oranges        | 4        | F      | 34:37.0 |
| 475   | Lucy Gillons       | Waximus              | 48       | F      | 34:39.1 |
| 476   | Pamneta Basi       | OMD Manning Gottlieb | 456      | F      | 34:40.1 |
| 477   | Nicolle Spohn      | Ogilvy Action        | 570      | F      | 34:45.2 |
| 478   | Alexandra Gluck    | Team RKCR            | 637      | F      | 34:45.7 |



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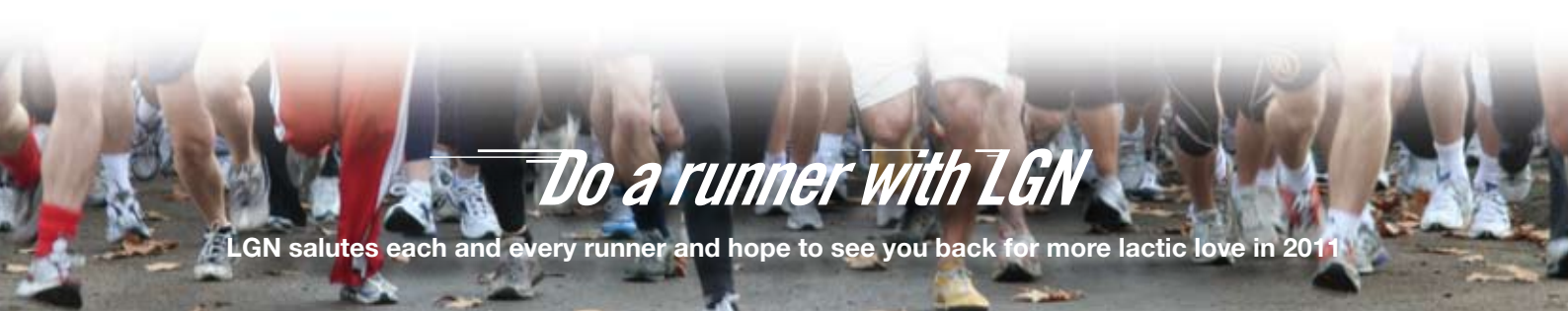


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| Place | Name               | Team                 | Race No. | Gender | Time    |
|-------|--------------------|----------------------|----------|--------|---------|
| 479   | Lauren Meehan      | Ogilvy and Mather    | 506      | F      | 34:50.2 |
| 480   | Emma Hawkins       | OMD Manning Gottlieb | 437      | F      | 34:52.0 |
| 481   | Paris De Reuck     | OMD Manning Gottlieb | 445      | F      | 34:53.6 |
| 482   | Pamela Perl        | IPA                  | 21       | F      | 34:57.7 |
| 483   | Niki Usher         | Carat                | 578      | F      | 34:59.7 |
| 484   | Shazia Akram       | TBWA London Group    | 335      | F      | 35:12.4 |
| 485   | Valerie Kelly      | McCann Erickson      | 849      | F      | 35:14.2 |
| 486   | Pauline Barker     | McCann Erickson      | 828      | F      | 35:14.3 |
| 487   | Natasha Smith      | Zenith Optimedia     | 815      | F      | 35:26.4 |
| 488   | Heather Jemetta    | Waximus              | 49       | F      | 35:45.3 |
| 489   | Pip Foster         | Waximus              | 46       | F      | 35:45.8 |
| 490   | Jo Dennis          | Leo Burnett Group    | 631      | F      | 35:52.4 |
| 491   | Sam Cartmell       | The Red Brick Road   | 904      | M      | 36:53.2 |
| 492   | Brooke Allen       | Out the Box          | 94       | F      | 38:06.1 |
| 493   | Megan Farrar       | Out the Box          | 96       | F      | 38:06.4 |
| 494   | Anna Van Dieken    | Adstream             | 487      | F      | 39:02.7 |
| 495   | Angela Breeze      | Total Media          | 40       | F      | 39:33.9 |
| 496   | Caroline Jambren   | Total Media          | 38       | F      | 39:34.0 |
| 497   | Cat Prestipino     | McCann Erickson      | 860      | F      | 40:22.0 |
| 498   | Sarah Bond         | Delivered            | 536      | F      | 42:43.4 |
| 499   | Dan O'Sullivan     | Transperfect         | 283      | M      | 56:52.6 |
| 500   | Lindsay Sutherland | Transperfect         | 279      | F      | 56:52.7 |



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