

LGN Run Club's

2021 Property 5km sponsored by JLL

Welcome to LGN's annual industry run

26th August – Regents Park

Information and team entry



Previous team winners: 2019 Workman 2018 Savills



LGN Run Club's 2021 Property 5km sponsored by JLL:

Date: 26th August 2021

Time: 6pm race start

Team competition: Fastest 5 men & 5 women

Location: Beautiful Regents Park - Hub Bar & Cafe

Course: Flat & fast 5k

Course map: Click here

2019 winning team: Workman

Individual records:

Neilson Hall (iProspect) 14mins 43 secs & Sandy Wilson (Sky Media) 17 mins 44 secs.

LGN Run Clubs

LGN Run Clubs have provided in-house Run Club training for clients such as JLL, Forsters, Unilever, Omnicom, BP, Investec & Mercer.

Check out our 60sec Run Club video here

If you'd like to trial an LGN Run Club in preparation for the 2021 LGN Property 5km sponsored by JLL, please email us via

info@lgnwellbeing.com





LGN Run Club's Property 5km sponsored by JLL Entry Form

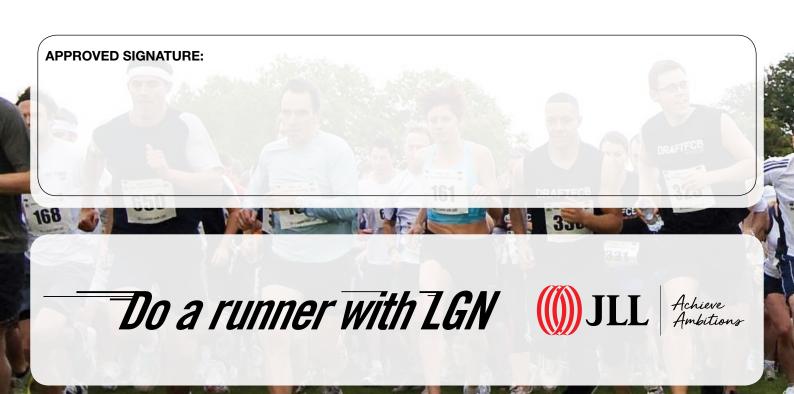
Date: Thursday 26th August 2021	Location: Regents Park – Hub Cate	Time: 5pm arrival, 6pm start		
1	Booking Deadline: Friday 30th July 2021			
Company Captain				
Company				
Address				
Email				
Contact telephone				
Cost – £27 (+ VAT) per runner	Please invoice me for the	total amount		
. , , ,	Purchase order number (if	required):		

PAYMENT TERMS & CONDITIONS

By completing this form, the above company has confirmed entry to the LGN Run Club Property 5km sponsored by JLL and is committed to paying the entry fee of £27 + VAT per runner. Full costs are charged to the company should you or any of your team withdraw after 9th August 2021.

LGN DECLARATION

The captain's signature below declares that their colleagues are over 17 and medically fit to compete and have no medical disability that could endanger them in the event. It also accepts that each individual enters at their own risk and that the organisers (LGN Wellbeing Ltd) and/or venue owners will in no way be held responsible for any injury prior, during or after the event or for any property damaged or lost



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Covid-19 Mitigation:

Whilst the 2021 Property 5k sponsored by JLL is scheduled to take place when the Government's road map restrictions are due to be lifted, we will plan to continue with previous race regulations in place until we have confirmation of protocol relaxation.

All entrants are requested to read & adhere to UK Athletics Covid Code of Conduct here

A one-way system will be in place along with social distancing signage. Queue markers must be observed at all times and sanitisation stations used as frequently as necessary. Race start will be staggered and detailed start information will be sent out prior to race day. Whilst running, participants should only overtake when there is enough room (at least 1m) to do so. Once finished, participants should continue moving and follow signage and marshal directions to keep the area clear for other finishers. Any post-event rewards (medal, water etc.) will be self-service (following hand-sanitisation) to ensure there is no contact amongst staff and participants.

LGN encourage everyone to take part in their Industry 5k run, from fun running fancy dress, to those from our LGN Run Clubs looking to win the team trophy.

And remember to compete as a team you need a minimum of 5 men & 5 women.

The first 5 men and 5 women from your company over the finish line will count as your 'team A', the second 5 men and 5 women will count as 'team B' and so on. Please feel free to enter as many runners as you wish.

See you on Thursday 26th August!

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Name	Gender	Over 40 Competitor?	Work Email Address		
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Please use multiple forms if you run out of	of space.				
Please email completed entry forms with		tion of payment	to info@lgnwellbeing.com		
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Please tick this box if you would prefer NOT to hear more about LGN Run Clubs					





