

Give your staff LGN
fitness love via 50% discount
on 5km Run Club training
e: info@lgnwellbeing.com



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Previous LGN winners:

- 2021 VCCP
- 2020 Covid-19 delayed play
- 2019 Dentsu Aegis Network
- 2018 GroupM
- 2017 Dentsu Aegis Network
- 2016 OMG UK
- 2015 Dentsu Aegis Network
- 2014 Dentsu Aegis Network
- 2013 OMG UK
- 2012 OMG UK
- 2011 OMG UK
- 2010 DDB London
- 2009 McCann
- 2008 DDB London
- 2007 DDB London

LGN Run Club's

2022 Advertising 5k

Welcome to LGN's annual industry run

Thursday 1st September – Regents Park

Information and team entry





LGN's annual industry 5k event celebrates its 15th edition, and we look forward to celebrating with our ad-land family – so ditch the Brand Onion diagram or Cov & Freq analysis and don a headband to share running joy and our post-race licensed bar.

VIDEO:

Take a peek at LGN's 5k fun [here](#).

FACT:

VCCP won the iconic LGN team title for the first time in 2021.

QUESTION:

Can VCCP retain their glory and will Battenhall win the Most Improved trophy again?

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Do a runner with LGN

LGN Run Club's 2022 Advertising 5k:

Date: 1st September 2022

Time: 6pm race start

Team competition: Fastest 5 men & 5 women

Location: Beautiful Regents Park - Hub Bar & Cafe

Course: Flat & fast 5k

Course map: [Click here](#)

Records:

Neilson Hall (iProspect) 14mins 43 secs &

Sandy Wilson (Sky Media) 17 mins 44 secs.

LGN Run Clubs

LGN Run Clubs have provided in-house Run Club training for clients such as JLL, Forsters, Unilever, Omnicom, BP, Investec & Mercer.

Check out our 60sec Run Club video [here](#)

If you'd like to trial an LGN Run Club in preparation for the 2022 LGN Run Club's Advertising 5k please email us via

info@lgnwellbeing.com

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Do a runner with LGN

LGN Run Club's Advertising 5km Entry Form

Date: Thursday 1st September 2022

Location: Regents Park – Hub Cafe

Time: 5pm arrival, 6pm start

Booking Deadline: Friday 5th August 2022

Company Captain

Company

Address.....

Email

Contact telephone.....

Cost – £27 (+ VAT) per runner

Please invoice me for the total amount

Purchase order number (if required): _____

PAYMENT TERMS & CONDITIONS

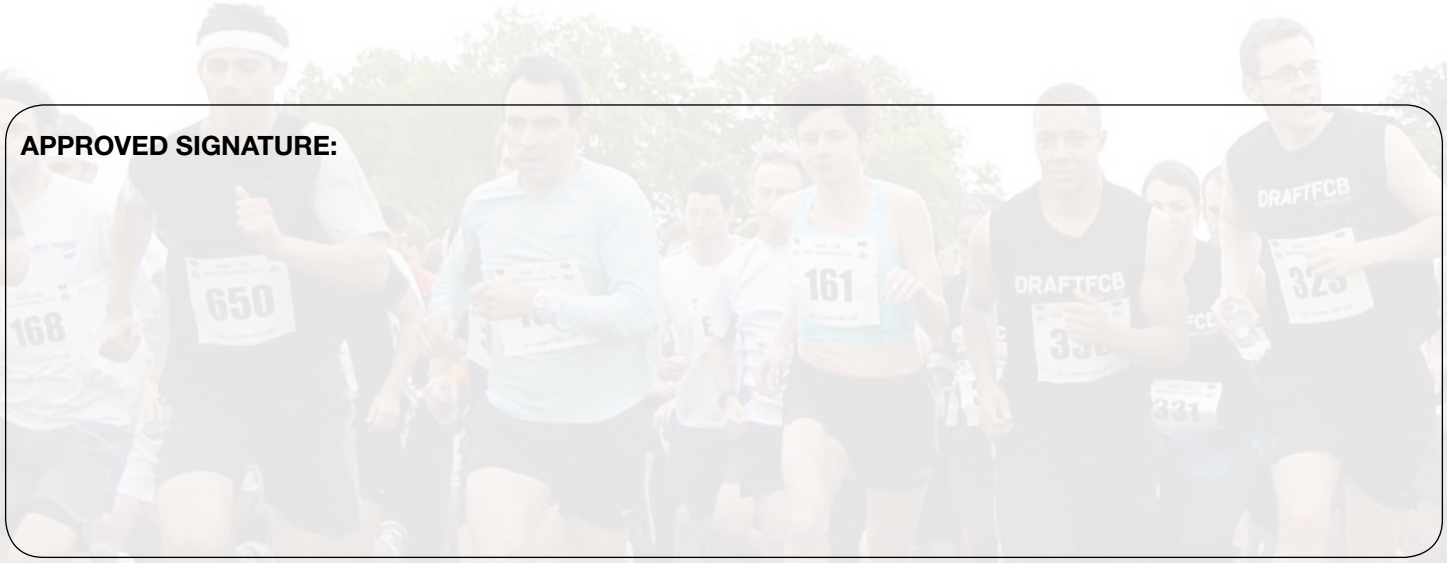
Make cheques payable to LGN Wellbeing Ltd (Send to LGN Wellbeing Ltd, 42 Bodriggy Street, Hayle, Cornwall, TR27 4ND)

By completing this form, the above company has confirmed entry to the LGN Run Club's Advertising 5k and is committed to paying the entry fee of £27 + VAT per runner. Full costs are charged to the company should you or any of your entered team withdraw after 15th August 2022.

LGN DECLARATION

The captain's signature below declares that their colleagues are over 17 and medically fit to compete and have no medical disability that could endanger them in the event. It also accepts that each individual enters at their own risk and that the organisers (LGN Wellbeing Ltd) and/or venue owners will in no way be held responsible for any injury prior, during or after the event or for any property damaged or lost

APPROVED SIGNATURE:



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Do a runner with LGN



