

Give your staff LGN
fitness love via 50% discount
on 5km Run Club training
e: info@lgnwellbeing.com



LGN Run Club's 2019 Property 5km

Welcome to LGN's annual industry run

5th September – Regents Park

Information and team entry

Previous team winners:
2018 Savills



LGN Run Club's 2019 Property 5km info:

Date: 5th September 2019

Time: 6pm race start

Team competition: Fastest 5 men & 5 women

Location: Beautiful Regents Park - Hub Bar & Cafe

Course: Flat & fast officially measured

Course map: [Click here](#)

2018 winning team: Savills

Individual records:

Neilson Hall (iProspect) 14mins 43 seconds &
Sandy Wilson (Sky Media) 17 mins 44 seconds.

LGN Run Clubs

LGN provide in-house Run Clubs for clients such as Unilever, Omnicom Media Group, BP, Jones Lang LaSalle, Investec & Pernod Ricard.

Check out our 60sec Run Club video [here](#)

If you'd like to trial an LGN Run Club in preparation for the 2019 LGN Property 5km please email us via

info@lgnwellbeing.com



Do a runner with LGN

LGN Run Club's Property 5km Entry Form

Date: Thursday 5th September 2019

Location: Regents Park – Hub Cafe

Time: 5pm arrival, 6pm start

Booking Deadline: Friday 16th August 2019

Team Captain

Company

Address.....

Email

Contact telephone

I would like to book the following team(s):	Please tick as applicable:
<p>Team Name: <i>(5 men & 5 women required per team entry)</i></p> <p><input type="checkbox"/> 1 Team entry – 10 Runners cost £250 (+ VAT)</p> <p><input type="checkbox"/> Multiple Teams – For multiple teams please state how many - costed at £250 (+ VAT) per team</p> <p><input type="checkbox"/> Individual runner – cost £25 (+ VAT)</p>	<p><input type="checkbox"/> I enclose a cheque for the total amount made payable to LGN Wellbeing Ltd.</p> <p><input type="checkbox"/> Please invoice me for the total amount Purchase order number (if required):</p>

PAYMENT TERMS & CONDITIONS

Make cheques payable to LGN Wellbeing Ltd (Send to LGN Wellbeing Ltd, 42 Bodriggy Street, Hayle, Cornwall, TR27 4ND)

By completing this form, the above company has confirmed entry to the LGN Run Club Property 5km and is committed to paying the entry fee of £25 + VAT per runner. Full costs are charged to the company should you or your team withdraw after 22nd August 2019.

LGN DECLARATION

The captain's signature below declares their team members are over 17 and medically fit to compete and have no medical disability that could endanger them in the event, it also accepts that each individual enters at their own risk and that the organisers (LGN Wellbeing Ltd) and/or venue owners will in no way be held responsible for any injury prior, during or after the event or for any property damaged or lost

APPROVED SIGNATURE:



Do a runner with LGN

