



LGN Run Club's 2023 Property 5k

sponsored by JLL

7th September – Regents Park



Previous team winners:

- 2022** CBRE
- 2021** JLL
- 2020** Covid-19 delayed play
- 2019** Workman
- 2018** Savills



LGN Run Club's 2023 Property 5k sponsored by JLL:

Date: Thursday 7th September 2023

Time: 5pm arrival, 6pm race start

Team competition: Any number can compete and team scoring is based on your fastest 5 men & 5 women

Location: Beautiful Regents Park - Hub Bar & Cafe

Course: Flat & fast 5k

Course map: [Click here](#)

Records:

Neilson Hall (iProspect) 14mins 43 secs &
Sandy Wilson (Sky Media) 17 mins 44 secs.

Team entry and payment:

Booking Deadline: Friday 28th July 2023

Cost: £32 (+VAT) per runner

To enter your team please use our online portal;

<https://in.kronosports.uk/lgn-p2023>

LGN encourage everyone to take part in their industry 5k run, from fun running fancy dress, to those from our LGN Run Clubs looking to win the team trophy.

And remember to compete as a team you need a minimum of 5 men and 5 women

...see you on Thursday 7th September!

Do a runner with LGN



*Achieve
Ambitions*



LGN Run Clubs

LGN Run Clubs have provided in-house Run Club training for clients such as JLL, Forsters, Unilever, Omnicom, BP, Investec & Mercer.

Check out our 60sec Run Club video [here](#)

If you'd like to trial an LGN Run Club in preparation for the 2023 LGN Property 5k sponsored by JLL, please email us via;

info@lgnwellbeing.com

Do a runner with LGN



*Achieve
Ambitions*